

MAGIC  
BULLET®

# NUTRiBULLET<sup>®</sup> Rx

NATURE'S PRESCRIPTION<sup>®</sup>



**USER GUIDE**

# IMPORTANT SAFEGUARDS AND CAUTIONARY INFORMATION

## SAVE THESE INSTRUCTIONS

FOR YOUR SAFETY, CAREFULLY READ ALL INSTRUCTIONS BEFORE OPERATING YOUR **NUTRIBULLET Rx**.

### **MEDICAL WARNING!**

- **IF YOU ARE TAKING ANY MEDICATION, ESPECIALLY CHOLESTEROL-LOWERING MEDICATION, BLOOD THINNERS, BLOOD PRESSURE DRUGS, TRANQUILIZERS, OR ANTIDEPRESSANTS, PLEASE CHECK WITH YOUR DOCTOR BEFORE CONSUMING ANY OF THE NUTRIBLAST Rx RECIPES.**
- **THE FOLLOWING LIST OF SEEDS AND PITS CONTAIN CHEMICALS THAT RELEASE CYANIDE INTO THE BODY WHEN INGESTED. DO NOT USE THE FOLLOWING SEEDS AND PITS IN THE NUTRIBULLET Rx: APPLE SEEDS, APRICOT PITS, CHERRY PITS, PLUM PITS, PEACH PITS.**

### **ELECTRICAL SAFETY**

When using any electrical appliance, basic safety precautions should always be observed, including the following:

- **CAUTION! TO AVOID RISK OF ELECTRIC SHOCK, NEVER IMMERSE THE CORD, PLUG, OR POWER BASE OF BLENDER IN WATER OR OTHER LIQUIDS.**
- **DO NOT USE THIS PRODUCT WITH ANY TYPE OF ADAPTOR OR VOLTAGE CONVERTER DEVICE.**
- **THE USE OF ATTACHMENTS, INCLUDING CANNING JARS, NOT RECOMMENDED OR SOLD BY MANUFACTURER MAY CAUSE FIRE, ELECTRIC SHOCK, OR INJURY AND VOID THE WARRANTY.**
- **USE OF ADAPTERS AND CONVERTERS IS CONSIDERED AN UNAUTHORIZED MODIFICATION OF THE PRODUCT AND AS SUCH WILL VOID THE WARRANTY. USE OF THIS PRODUCT IN LOCATIONS WITH DIFFERENT ELECTRICAL SPECIFICATIONS MAY RESULT IN DAMAGE TO THE PRODUCT.**
- **UNPLUG THE NUTRIBULLET Rx AND DEPRESS POWER BUTTON WHEN IT IS NOT IN USE. MAKE SURE THE POWER BASE IS UNPLUGGED BEFORE ASSEMBLING, DISASSEMBLING, ADDING ADDITIONAL PARTS, OR CLEANING.**

- This appliance has important markings on the plug blade. The attachment plug or entire cord set is not suitable for replacement. If damaged, the appliance shall be replaced.
- Do not pull, twist, or damage the power cord.
- Do not allow the cord to hang over the side of the counter or table.

- Do not allow cord to touch hot surfaces, including stove.
- Periodically inspect cord and plug for damage. Do not operate any appliance with a damaged cord or plug. If the appliance malfunctions or is dropped or damaged in any manner, discontinue use. Contact Customer Service for assistance in obtaining a replacement.
- Do not remove the rubber liner inside the power base. To clean, unplug first, then wipe with a sponge moistened with warm water.

- **THIS APPLIANCE CAN BE USED BY CHILDREN AGED FROM 8 YEARS AND ABOVE AND PERSONS WITH REDUCED PHYSICAL, SENSORY OR MENTAL CAPABILITIES OR LACK OF EXPERIENCE AND KNOWLEDGE IF THEY HAVE BEEN GIVEN SUPERVISION OR INSTRUCTION CONCERNING USE OF THE APPLIANCE IN A SAFE WAY AND UNDERSTAND THE HAZARDS INVOLVED.**
- **IF THE SUPPLY CORD IS DAMAGED, IT MUST BE REPLACED BY THE MANUFACTURER, ITS SERVICE AGENT OR SIMILARLY QUALIFIED PERSONS IN ORDER TO AVOID A HAZARD.**
- **DEPRESS POWER BUTTON TO SWITCH OFF THE APPLIANCE AFTER EACH USE. DISCONNECT FROM POWER SOURCE BEFORE CHANGING ACCESSORIES OR APPROACHING PARTS THAT MOVE IN USE.**
- **WARNING! POTENTIAL OF PERSONAL INJURY FROM MISUSE. TAKE CARE WHEN HANDLING THE SHARP CUTTING BLADES, EMPTYING THE SOUP PITCHER AND DURING CLEANING.**
- **THIS APPLIANCE IS NOT A TOY! CHILDREN SHOULD NOT PLAY WITH, CLEAN, OR ATTEMPT MAINTENANCE ON THE UNIT WITHOUT PROPER ADULT SUPERVISION.**

### **WARNING: VENTILATION CAUTION**

- **Always operate the NUTRIBULLET on level surface, leaving unobstructed space beneath and around the power base to permit proper air circulation. Slots and openings on the bottom of the product are provided for ventilation to ensure reliable motor operation and to prevent over-heating. Warning: To prevent fire hazard, power base openings should be free of dust or lint and never obstructed with flammable materials such as newspapers, tablecloths, napkins, dishtowels, or place mats.**

## EXTRACTION SAFETY PRECAUTIONS

The **NUTRIBULLET Rx** has two modes, **NutriBlast Rx Mode** (traditional Blast mode) and **Souperblast Mode** (Soup making mode) which are further explained in the “How It Works” section of this manual. Carefully read and follow all the safety precautions, particularly when operating the **NUTRIBULLET Rx** in **SouperBlast** mode.

### NEVER LEAVE THE NUTRIBULLET Rx UNATTENDED WHILE IN USE!

### CLOSE SUPERVISION IS NECESSARY WHEN ANY APPLIANCE IS USED BY OR NEAR CHILDREN.

### NEVER USE THE EXTRACTOR BLADE TO BLEND WITHOUT LIQUID AS DOING SO MAY DAMAGE THE BLADE.

- NEVER PUT YOUR HANDS OR UTENSILS NEAR THE MOVING BLADE AND NEVER USE YOUR HANDS OR UTENSILS TO PRESS THE ACTIVATOR BUTTONS DOWN WHILE THE NUTRIBULLET Rx IS PLUGGED IN.
- BLADES ARE SHARP! HANDLE CAREFULLY. USE CARE WHILE HANDLING THE BLADES NOT TO TOUCH THE BLADE EDGES TO AVOID INJURY.
- CHECK GASKET TO MAKE SURE IT IS COMPLETELY SEATED IN THE CROSS BLADE UNIT BEFORE EACH USE. CONTACT CUSTOMER SERVICE FOR ASSISTANCE IF GASKET IS NOT COMPLETELY SEATED.
- WE RECOMMEND REPLACING YOUR EXTRACTOR BLADE EVERY 6 MONTHS OR AS NEEDED FOR OPTIMAL PERFORMANCE. TO ORDER A REPLACEMENT BLADE, SIMPLY VISIT: [WWW.NUTRILIVING.COM](http://WWW.NUTRILIVING.COM)
- THE NUTRIBULLET Rx IS NOT INTENDED FOR USE IN MICROWAVE OVENS. DO NOT PLACE THE NUTRIBULLET Rx CUPS, POWER BASE OR ANY NUTRIBULLET ACCESSORY IN A MICROWAVE OVEN AS THIS MAY RESULT IN DAMAGE TO THE APPLIANCE. TO REHEAT SOUPS AFTER BLENDING, TRANSFER TO A MICROWAVE SAFE CONTAINER OR TO A STOVE-TOP POT PRIOR TO HEATING.
- NEVER MICROWAVE UNVENTED, SEALED CONTAINERS AS THEIR CONTENTS MAY EXPAND WITH HEAT PRESSURE AND EXPLODE, RESULTING IN POSSIBLE INJURY OR PROPERTY DAMAGE.

- NEVER BLEND CARBONATED BEVERAGES. BUILT-UP PRESSURE FROM RELEASED GASES CAN CAUSE CONTAINER TO BURST, RESULTING IN POSSIBLE INJURY.
- DO NOT PUT HOT LIQUIDS IN ANY OF THE BLENDING VESSELS BEFORE BLENDING. START WITH COOL OR ROOM TEMPERATURE INGREDIENTS. (21°C/70°F OR LESS) SOUP WILL HEAT DURING THE EXTRACTION PROCESS TO ~65°C/150°F.
- DO NOT RUN THE NUTRIBULLET Rx WITH EMPTY NUTRIBULLET Rx CUPS OR SOUPERBLAST PITCHER AS THIS CAN DAMAGE THE UNIT.
- AFTER BLENDING INGREDIENTS, REMOVE THE BLADE ASSEMBLY—ALLOW THE VESSEL WITH IT’S CONTENTS TO SETTLE AND TO RELEASE ANY PRESSURE THAT MAY HAVE BUILT UP DURING THE EXTRACTION PROCESS. IF YOU WILL NOT CONSUME IT IMMEDIATELY, USE THE STAY FRESH LID TO CLOSE THE CONTAINER. UNSCREW THE LID AND RELEASE PRESSURE PERIODICALLY IF STORING LONGER THAN A FEW HOURS TO RELEASE ANY ADDED PRESSURE THAT MAY HAVE BUILT UP DUE TO FERMENTATION.
- NEVER PERMIT ANY BLENDED MIXTURE TO SIT INSIDE A CUP SEALED WITH A BLADE BASE WITHOUT FIRST RELEASING THE PRESSURE.
- DO NOT ALLOW NUTRIBLASTS OR SOUPERBLASTS TO SIT FOR LONG PERIODS IN A SEALED CONTAINER BY UNSCREWING THE LID AND OPENING THE CUP FOR A FEW MOMENTS. THE SUGARS IN THE FRUIT AND VEGETABLES CAN FERMENT, CAUSING PRESSURE TO BUILD UP AND EXPAND IN THE VESSEL WHICH CAN CAUSE INGREDIENTS TO BURST AND SPRAY OUT WHEN MOVED OR OPENED.
- RELEASE PRESSURE BY CAREFULLY UNSCREWING THE LID AND OPENING THE CUP FOR A FEW MOMENTS.

- Avoid contact with moving parts.
- TO REDUCE THE RISK OF INJURY, NEVER PLACE CUTTER-ASSEMBLY BLADES ON BASE WITHOUT JAR PROPERLY ATTACHED.
- NEVER PUT THE EXTRACTOR BLADE ON THE POWER BASE WITHOUT BEING SECURELY ASSEMBLED ONTO CUP FIRST.
- Always operate blender with cover in place.
- Keep hands and utensils away from the cutting blade while chopping or blending food to reduce the risk of severe personal injury or damage to the device. A scraper may be used, but only when the blender/food chopper is not running.
- Do not use the cross blade for grinding dry materials such as grains, cereal, or coffee.
- To reduce the risk of injury, make sure the blade base is securely screwed onto the cup before placing it on the Power Base and operating the appliance.
- Do not use **NUTRIBULLET Rx** outdoors.
- DO NOT BLEND HOT LIQUIDS.

## SAFETY WARNINGS FOR EXTRACTING FOR NUTRIBLASTS

- NUTRIBULLET Rx IS PROGRAMMED TO RUN FOR 1 MINUTE DURING NUTRIBLAST MODE (G BUTTON WILL BE GREEN).
- IF POWER BASE DOES NOT SHUT OFF AFTER 1 MINUTE DURING NUTRIBLAST CYCLE, STOP IT MANUALLY BY DEPRESSING THE POWER BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON OR SIMPLY LIFT CUP OFF POWER BASE.
- TO TURN OFF THE MACHINE AT ANYTIME DURING THE NUTRIBLAST CYCLE (G BUTTON WILL BE GREEN), DEPRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON OR SIMPLY LIFT THE CUP OFF THE POWER BASE. IF YOU PRESS THE G BUTTON FOR 2 SECONDS DURING EXTRACTION AND THE LIGHT TURNS RED, YOU ARE IN SOUPERBLASTER MODE. DEPRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON AND SIMPLY LIFT THE CUP OFF THE POWER BASE TO TURN OFF THE UNIT. THE LIGHT WILL STOP GLOWING, SIGNIFYING POWER IS OFF. ALWAYS UNPLUG THE POWER BASE UPON COMPLETION OF PROCESSING.
- DO NOT TOUCH COUPLING GEAR DIRECTLY WITH HANDS AFTER NUTRIBLAST MODE! THE COUPLING GEAR IN BLADE BASE AND POWER BASE WILL BE HOT!
- DO NOT RUN IN NUTRIBLAST MODE FOR MORE THAN 1 INTERVAL.
- AFTER INITIAL CYCLE, ALLOW POWER BASE TO SHUT OFF COMPLETELY AND WAIT FOR 15 SECONDS BEFORE STARTING ANOTHER CYCLE.
- DO NOT RUN FOR MORE THAN 3 CONSECUTIVE 1 MINUTE INTERVALS WITHOUT ALLOWING POWER BASE TO COOL TO PREVENT OVERHEATING AND ALLOW INGREDIENTS TO SETTLE FOR 2-3 MINUTES AFTER THE 3RD EXTRACTION CYCLE.
- POWER BASE IS EQUIPPED WITH AN INTERNAL THERMAL BREAKER THAT SHUTS OFF THE POWER BASE IF THE UNIT OVERHEATS.
- IF THE POWER BASE OVERHEATS AND SHUTS OFF, UNPLUG THE POWER BASE AND PRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT OF THE G-BUTTON AND LET IT COOL FOR AN HOUR OR MORE BEFORE ATTEMPTING TO USE IT AGAIN. POWER BASE WILL RESET WHEN THE UNIT IS POWERED OFF AND THE THERMAL BREAKER HAS COOLED DOWN SUFFICIENTLY.
- WHEN MAKING NUT BUTTERS OR OIL-BASED FOODS, DUE TO THE CONSISTENCY, THE FOOD WILL PROCESS AND THEN STICK TO THE SIDES OF THE CUP. PROCESS IN 30 SECOND INCREMENTS ONLY BY SIMPLY LIFTING THE CUP OFF THE POWER BASE BETWEEN INTERVALS. BETWEEN CYCLES, USE A COMBINATION OF THE TAP METHOD DESCRIBED ON PAGE 19 AND OPEN CUP AS NEEDED TO SCRAPE DOWN THE INGREDIENTS TO THE CENTER OF THE CUP BEFORE CONTINUING TO PROCESS IN 30 SECOND INCREMENTS.
- ALLOW MACHINE TO COOL DOWN FOR 10 MIN AFTER 4-5 CYCLES TO PREVENT OVERHEATING AND DAMAGING THE UNIT.

- To prevent leakage, always align and hand-tighten or use blade remover to tighten the blade to the **NutriBlast Rx** cup prior to inverting it and placing the assembly on to the motor base.
- **TO TURN ON THE NUTRIBULLET:** Plug the power base into an electrical outlet. Press the power button, located 90° to the left side of the G-button. This will cause the power button glow **BLUE**. Next, place the cup blade-side-down onto the power base. This will activate the **NutriBullet Rx's** SMART Technology function, causing the G-Button at the front of the unit to glow **GREEN**.
- Once activated, the unit will run for 1 minute in regular **NutriBlast Rx** mode before it automatically turns off. The G-button will stop glowing green at the end of the 1-minute cycle. To turn off completely before the cycle is complete, either lift the cup off of the base, or press the power button, located 90° to the left side of the G-button. The power button will extend from its recessed position and the blue light will no longer be lit, signifying the power is off.
- In **NutriBlast Rx** Mode, the motor will run 2 cycles during the 1 minute interval— first it will slow down half way through the 1 minute interval to allow the ingredients to settle for improved processing, then it will power-up again for the second half of the interval. This is a normal function of the **NutriBullet Rx**.
- Turn the **NUTRIBULLET Rx** off after each use. Depress the power button, located 90° to the left side of the G-button. The **BLUE** light will stop glowing, signifying power is off.

## POWER OFF INSTRUCTIONS

- To turn off the machine at anytime during the NutriBlast cycle (indicated by the **GREEN** glowing G-button), depress the power button, located 90° to the left side of the G-button and simply lift the cup off power base. When the vessel is removed from the power base, only the **GREEN** G-button light will turn off. When the power off button is pressed, the **BLUE** light will turn off and the blade will stop spinning. To turn off machine at any time during **SouperBlast Mode** (indicated by the **RED** glowing G button), press the power off button, located 90° to the left side of the G-button and simply lift the **SouperBlast Pitcher** off the power base. When the vessel is removed from the power base, only the **RED** G-button light will turn off. When the power off button is pressed, the **BLUE** light will turn off and the blade will stop spinning. Always press the power off button when machine is not in use.

## SAFETY WARNINGS FOR EXTRACTING FOR SOUPS

- **WARNING! ONLY USE THE VENTED SOUPERBLAST PITCHER AND TWO-PIECE LID WHILE OPERATING THE NUTRIBULLET Rx IN SOUPERBLAST MODE. THE SOUPERBLAST PITCHER IS SPECIALLY VENTED TO RELEASE PRESSURE AS THE SOUP MIXTURE HEATS. OTHER VESSELS ARE UNVENTED AND MAY RUPTURE AND CAUSE PERSONAL INJURY IF MISUSED IN SOUPERBLAST MODE.**
- **TO PREVENT OVERHEATING: DO NOT REPEAT SOUPERBLAST MODE FOR THE SAME HOT SOUP. IF MORE HEAT IS REQUIRED, PLACE THE CONTENTS IN A MICROWAVE-SAFE CONTAINER AND CONTINUE HEATING TO DESIRED TEMPERATURE. TO MAKE A NEW SOUP, EMPTY OLD CONTENTS, ADD NEW INGREDIENTS AND WAIT 1 FULL MINUTE BEFORE RETURNING THE VESSEL TO THE POWER BASE TO START A NEW SMART TECHNOLOGY CYCLE. DO NOT REPEAT MORE THAN 2 CYCLES IN SOUPERBLAST MODE RESTING 1 MINUTE BETWEEN CYCLES.**
- **DO NOT RUN THE NUTRIBULLET IN SOUPERBLAST MODE FOR MORE THAN 2 CYCLES CONSECUTIVELY WITHOUT ALLOWING THE NUTRIBULLET POWER BASE AND SOUPERBLAST ACCESSORIES COOL OFF FOR 30-60 MIN. TO PREVENT OVERHEATING AND ALLOW INGREDIENTS TO SETTLE BEFORE CONTINUING TO BLEND.**
- **IF POWER BASE DOES NOT SHUT OFF AFTER ONE (1) 7-MINUTE INTERVAL DURING SOUPERBLAST MODE, DEPRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON OR SIMPLY LIFT THE SOUPERBLAST PITCHER OFF OF THE POWER BASE.**
- **ALLOW POWERBASE TO SHUT OFF COMPLETELY AFTER INITIAL INTERVAL AND WAIT FOR 3-4 MINUTES BETWEEN INTERVALS.**
- **POWER BASE IS EQUIPPED WITH AN INTERNAL THERMAL BREAKER THAT SHUTS OFF THE POWER BASE WHEN THE UNIT OVERHEATS. IF THE POWERBASE OVERHEATS AND SHUTS OFF, UNPLUG THE POWER BASE OR PRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT OF THE G-BUTTON AND LET IT COOL FOR AN HOUR OR MORE BEFORE ATTEMPTING TO USE IT AGAIN. POWER BASE WILL RESET WHEN THE UNIT IS POWERED OFF AND THE THERMAL BREAKER HAS COOLED DOWN SUFFICIENTLY.**

## HEAT CAUTION!

- **DURING SOUPERBLAST MODE, THE CONTENTS INSIDE CAN REACH UP TO ABOUT 70°C / 150°F THROUGH THE FRICTION OF THE ROTATING BLADE.**
- **KEEP HANDS AND OTHER EXPOSED SKIN AWAY FROM THE LID OPENING TO PREVENT POSSIBLE BURNS DURING SOUPERBLAST MODE.**
- **DO NOT REMOVE THE LID DURING PROCESSING OF SOUP—INGREDIENTS WILL BECOME HOT AND MAY SPLASH OUT AND CAUSE INJURY.**
- **DO NOT TOUCH SOUPERBLAST PITCHER DIRECTLY WITH HANDS AFTER SOUPERBLAST MODE! THE SOUPERBLAST PITCHER SURFACE, BLADES AND COUPLING GEAR WILL BE HOT!**
- **ALWAYS USE APPROPRIATE HEAT RESISTANT PADS ON THE HANDLE TO HOLD THE SOUPERBLAST PITCHER AND TO SUPPORT THE BOTTOM OF THE CONTAINER.**
- **CAREFULLY OPEN SOUPERBLAST PITCHER LID AFTER SOUPERBLAST MODE, AS ESCAPING STEAM AND MOISTURE MAY CAUSE SCALDING BURNS.**

- Always attach blade to **SouperBlast Pitcher** and hand tighten or use the blade remover to tighten the blade to prevent leakage prior to adding ingredients into the pitcher.
- **NEVER USE THE EXTRACTOR BLADE TO BLEND WITHOUT LIQUID AS DOING SO MAY DAMAGE THE BLADE.**
- Do not use the soup pitcher on the motor base without the black lid and clear vent top in place when running the **NutriBullet Rx**.
- **TO TURN THE NUTRIBULLET ON IN SOUPERBLAST** mode using SMART Technology, plug the power base into an electrical outlet. Press the power button, located 90° to the left side of the G-button. The power button will glow **BLUE**, signifying the power is on. Next, place the cup blade-side-down onto the power base. This will activate the **NutriBullet Rx's** SMART TECHNOLOGY function, causing the G-Button at the front of the unit to glow **GREEN**.
- Press the **GREEN** G-Button down for 2 seconds until it glows **RED**. This will indicate that **SouperBlast** mode has begun. The unit will run in **SouperBlast** mode for about 7 minutes before automatically turning off. Once off, simply lift the **SouperBlast Pitcher** off of the Power Base.
- The motor will run 3 cycles during the 7 minute program—it will slow down twice through the cycle to allow the ingredients to settle for improved processing then it will increase again for the next part of the cycle. This is a normal function of the **NutriBullet Rx**.
- The contents inside can reach up to about 70°C / 150°F through the friction of the rotating blade.
- If you wish to process your soup for less than the programmed time, you may simply lift off the **SouperBlast Pitcher** or press the power button, located 90° to the left side of the G-button.
- Always allow it to come to a complete stop prior to adding additional ingredients during the processing period.
- Always depress the power button when not in use. The **BLUE** light will stop glowing, signifying the power is off.

## CLEANING SAFEGUARDS

- AFTER MAKING A NUTRIBLAST OR SOUPERBLAST, THE BLADE MUST BE CLEANED IMMEDIATELY.
- ALWAYS UNPLUG POWER BASE AND DEPRESS THE POWER BUTTON PRIOR TO CLEANING, ASSEMBLING OR DISASSEMBLING.
- NEVER SUBMERGE THE POWER BASE IN WATER OR PLACE IT IN THE DISHWASHER. WIPE OFF ANY DEBRIS INSIDE THE POWER BASE IMMEDIATELY TO KEEP IT IN GOOD WORKING ORDER.
- DO NOT WASH THE BLADES IN THE DISHWASHER AS ELEVATED TEMPERATURES CAN DAMAGE GASKET SEALS.
- THE NUTRIBULLET Rx CUPS CAN BE WASHED IN THE DISHWASHER AND SHOULD BE WASHED ON THE TOP RACK OF THE DISHWASHER USING THE NORMAL (NOT SANITIZE) CYCLE.
- THE NUTRIBULLET Rx CUPS AND BLADES SHOULD NOT BE IMMERSSED IN BOILING WATER FOR ANY REASON AS THIS WILL WARP PLASTIC AND DAMAGE GASKETS.
- BLADES ARE SHARP! USE CARE WHEN CLEANING BLADES TO AVOID INJURY! RINSE BLADES IMMEDIATELY AFTER EACH USE TO PREVENT DEBRIS FROM DRYING AND STICKING TO BLADE COMPONENTS. IF NECESSARY, USE INCLUDED BRUSH TO LOOSEN ANY DEBRIS AROUND BLADES, GASKETS AND BLADE HOUSING THREADS WITH CARE.
- HANDWASH ONLY WITH MILD DISH SOAP AND WARM WATER (NOT HOT).
- DRY IMMEDIATELY.
- FOR TOUGH DEBRIS, FILL THE CUP ½ FULL WITH ROOM TEMPERATURE (NOT HOT), MILD SOAPY WATER. THEN, SIMPLY TWIST ON THE BLADE, POP IT ON THE BASE AND GIVE IT A RUN FOR 30-45 SECONDS. FOLLOW UP WITH A QUICK BRUSH.
- WHEN WASHING BLADES, DO NOT ATTEMPT TO REMOVE THE GASKET RING. SIMPLY HAND WASH THE BLADES IN WARM, MILD SOAPY WATER. ATTEMPTED REMOVAL OF THE GASKET MAY PERMANENTLY DAMAGE THE BLADE CONFIGURATION AND CAUSE LEAKAGE. IF IN TIME A GASKET BECOMES LOOSE OR DAMAGED, PLEASE CONTACT CUSTOMER SERVICE FOR A REPLACEMENT NUTRIBULLET Rx BLADE HOLDER AT: 1-844-696-2791.

## STUBBORN CLEANUP

- If ingredients dry inside the **NutriBullet Rx** Cups or **SouperBlast Pitcher**, make your cleanup a snap by filling the cup about 2/3 full with room temperature soapy water and screw on the **Extractor Blade** and if using the **SouperBlast Pitcher**, put on lids. Place the cup assembly on the **NutriBullet Rx** Power Base for about 20-30 seconds. This will loosen the stuck ingredients, and with a light scrub and rinse in warm water, you'll be all done.

## CLEANING THE NUTRIBULLET Rx POWER BASE

For the most part the Power Base doesn't really get dirty, but if you neglect to twist the blade on to the cup tightly, liquids can leak out and get into the base and activator buttons.

**Here's how to clean it up.**

- Step 1:** The most important thing is to UNPLUG the Power Base before cleaning!
- Step 2:** Use a damp rag to wipe down the inside and outside of the Power Base.
  - **NEVER SUBMERGE THE POWER BASE IN WATER OR PLACE IT IN THE DISHWASHER.**
  - Never put your hands or utensils near the moving blade and never use your hands or utensils to press the activator buttons down while the Power Base is plugged in.

**HEAVY CLEANING:**

- Should the inside of the base become sticky due to spillage you may follow these additional cleaning instructions:
- **UNPLUG** the Power Base and depress the power button **BEFORE** cleaning.
- Place the Power Base on a dish towel to catch any liquid or debris.
- Pour a scant 1/8 cup of a dilute solution of distilled vinegar and warm (not hot) water (1 part vinegar to 2 parts water) in to the Power Base where the blade assembly would sit during normal use.
- Immediately use a dish brush to dislodge any debris and wipe it out with a damp cloth.
- The Power Base is constructed with a drain tube to drain any liquid debris safely through to the dish towel without damaging the inside components.

## SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

## POLARIZED PLUG INFORMATION

- This appliance has a polarized plug (one prong is wider than the other) to reduce the risk of electric shock. This plug will correctly fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way. Doing so will void the warranty.

# WHAT YOU GET:



1 High-torque Power Base



1 Stay-fresh Resealable Lid



1 Blade Remover



1 Extractor Blade



1 Blade Cleaning Brush



1 Oversized Cup with 1 Pitcher Lid



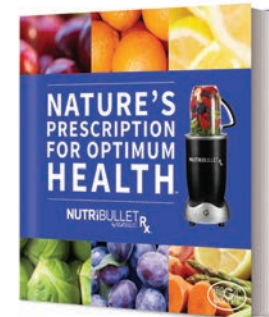
1 SouperBlast Pitcher with 2-piece Lid



1 Short Cup with 1 Comfort Lip Ring



1 User Guide



1 Recipe Book

# HOW IT WORKS

\* Do not run SouperBlast Mode with any of the blending cups. Only use the vented SouperBlast Pitcher. Read all safety instructions first!

## EXTRACTING FOR NUTRIBLAST Rx'S

- 1 Add ingredients into one of the cups.
- 2 Fill with liquid up to the Max Line. Then, twist the Extractor Blade onto the cup and tighten by hand to make sure the vessel is sealed.
- 3 Plug the power base into an electrical outlet. Press the power button, located 90° to the left side of the G-button, to turn the machine on. The power button light will glow **BLUE**, signifying power. Next, place the cup blade-side-down onto the power base. This will activate the **NutriBullet Rx's** SMART Technology function, causing the G-Button at the front of the unit to glow **GREEN**, and initiating the 1-minute extraction cycle.
- 4 When the cycle has completed and the **GREEN** light has turned off, turn off the unit by depressing the power button, located 90° to the left side of the G-button. The **BLUE** light will stop glowing, signifying the power is off.



**Note:** You can remove the cup at any time during the blending cycle by simply lifting the cup off of the Power Base. If more extraction is required, lift the cup off of the Power Base, wait 15 seconds, then return it back onto the Power Base to start another SMART Technology cycle. Do not repeat more than 3 consecutive cycles resting 15 seconds between cycles. If you press the green G-button for 2 seconds and the light turns **RED**, you have switched in **SouperBlast Mode**. Simply lift the cup off the Power Base at any time to exit this mode or press the power button, located 90° to the left side of the G-button. When the vessel is removed from the power base, only the G-button light will turn off. When the power off button is pressed, the **BLUE** light will turn off and the blade will stop spinning. Always press the power off button upon completion of processing.

- **NOTE: IF AT ANY TIME THE G BUTTON IS PUSHED FOR 2 SECONDS, THE BUTTON WILL TURN RED AND INITIATE SOUPERBLAST MODE.**
- **WHEN EXTRACTING OIL BASED OR STICKY FOODS, REFER TO INSTRUCTIONS LISTED UNDER TAP TECHNIQUE ON PAGE 19.**
- **DO NOT TOUCH COUPLING GEAR DIRECTLY WITH HANDS AFTER NUTRIBLAST MODE! THE COUPLING GEAR IN BLADE BASE AND POWER BASE WILL BE HOT!**

- **TO TURN OFF THE MACHINE AT ANYTIME DURING THE NUTRIBLAST CYCLE (G BUTTON WILL BE GREEN), PRESS THE POWER BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON OR LIFT THE CUP OFF THE POWER BASE.**



## EXTRACTING FOR **SOUPERBLASTS**

**1** Twist the Extractor Blade onto the **SouperBlast Pitcher**.

**2** Add ingredients into the **SouperBlast Pitcher** and securely attach the vented, 2-piece lid SouperBlast Pitcher Lid.

**3** Plug the power base into an electrical outlet. Press the power button located 90° to the left side of the G-button, to turn the machine on. Next, place the cup blade-side-down onto the power base. This will activate the **NutriBullet Rx's** SMART Technology function, causing the G-Button at the front of the unit to glow **GREEN**.

**4** Press the **GREEN** G-Button down for 2 seconds until it glows **RED**. This will indicate that **SouperBlast Mode** has begun. The unit will run in **SouperBlast Mode** for about 7 minutes before automatically turning off, causing the ingredients inside the SouperBlast Pitcher to heat up to about 70 degrees Celsius/150 degrees Fahrenheit. The unit is programmed to slow down twice during the 7-minute cycle to allow ingredients to settle for improved processing. This is normal.

**Do not repeat SouperBlast Mode for the same hot soup.** If more heat is required, place the contents in a microwave-safe container and continue heating to desired temperature. To make a new soup, empty old contents, add new ingredients and wait 1 full minute before returning the vessel to the Power Base to start a new SMART Technology cycle. **Do not repeat more than 2 cycles in SouperBlast mode resting 1 minute between cycles. After 2 consecutive cycles, allow the NutriBullet Power Base and SouperBlast accessories to cool off for 30-60 min.** Depress the power button upon completion.



**WARNING: AFTER SOUPERBLAST MODE, THE SOUPERBLAST PITCHER SURFACE, BLADES AND COUPLING GEAR WILL BE HOT! DO NOT TOUCH DIRECTLY WITH HANDS! ALWAYS USE HEAT RESISTANT PADS TO GRASP THE HANDLE AND TO SUPPORT THE BOTTOM OF THE SOUPERBLAST PITCHER.**

**• IF YOU DESIRE SOUP TO BE HOTTER OR YOU WISH TO RE-HEAT SOUP, TRANSFER FIRST TO AN APPROPRIATE MICROWAVE SAFE CONTAINER OR STOVE TOP POT AND HEAT SEPARATELY—DO NOT REHEAT IN THE NUTRIBULLET Rx.**

**• TO TURN OFF THE MACHINE AT ANYTIME DURING THE SOUPERBLAST CYCLE (G BUTTON WILL BE RED), PRESS THE POWER OFF BUTTON, LOCATED 90° TO THE LEFT SIDE OF THE G-BUTTON OR LIFT THE SOUPERBLAST PITCHER OFF THE POWER BASE.**

# HOW IT WORKS

## SHAKE TECHNIQUE

Sometimes, if you over fill the cups with ingredients or don't put enough water, the results can increase the density of the mixture. This makes it hard for the ingredients toward the top of the cup to make it down to the blade. If some of your ingredients are having a hard time making it down to the blade, simply use the Shake technique.

- 1 Remove the cup and blade assembly from the Power Base.
- 2 With the cup and blade assembly in hand, shake it like a cocktail shaker. Then put it back on the Power Base.



## TAP TECHNIQUE

For really stubborn ingredients that are clinging to the side of the cup instead of being recirculated into the cutting zone, simply use the Tap technique.

- 1 Take the cup and blade assembly off the Power Base and Tap the cup and blade assembly on the counter to force the ingredients down into the blades.
- 2 Place the cup and blade assembly onto the Power Base and finish processing.



**WHEN MAKING NUT BUTTERS OR OIL-BASED FOODS, DUE TO THE CONSISTENCY, THE FOOD WILL PROCESS AND THEN STICK TO THE SIDES OF THE CUP. PROCESS IN 30 SECOND INCREMENTS BY SIMPLY LIFTING THE CUP OFF THE POWER BASE BETWEEN INTERVALS. BETWEEN CYCLES, USE A COMBINATION OF THE TAP METHOD DESCRIBED ABOVE AND OPEN CUP AS NEEDED TO SCRAPE DOWN THE INGREDIENTS TO THE CENTER OF THE CUP BEFORE CONTINUING TO PROCESS IN 30 SECOND INCREMENTS.**

**ALLOW MACHINE TO COOL DOWN FOR 10 MIN AFTER 4-5 CYCLES TO PREVENT OVERHEATING AND DAMAGING THE UNIT.**



# CLEANING

## WARNING:

ALWAYS UNPLUG THE NUTRIBULLET AND DEPRESS THE POWER BUTTON WHEN CLEANING OR ASSEMBLING.

## Washing the NUTRIBULLET Rx

Cleaning the **NUTRIBULLET Rx** is so easy... simply place any of the pieces (except for the Power Base and blade holder) on the top shelf of the dishwasher or hand wash with warm soapy water and rinse.

## CLEANING SAFEGUARDS

- AFTER MAKING A NUTRIBLAST OR SOUPERBLAST, THE BLADE MUST BE CLEANED IMMEDIATELY
- ALWAYS UNPLUG POWER BASE AND DEPRESS THE THE POWER BUTTON PRIOR TO CLEANING, ASSEMBLING OR DISASSMBLING.
- NEVER SUBMERGE THE POWER BASE IN WATER OR PLACE IT IN THE DISHWASHER. WIPE OFF ANY DEBRIS INSIDE THE POWER BASE IMMEDIATELY TO KEEP IT IN GOOD WORKING ORDER.
- DO NOT WASH THE BLADES IN THE DISHWASHER AS ELEVATED TEMPERATURES CAN DAMAGE GASKET SEALS.
- THE NUTRIBULLET Rx CUPS CAN BE WASHED IN THE DISHWASHER AND SHOULD BE WASHED ON THE TOP RACK OF THE DISHWASHER USING THE NORMAL (NOT SANITIZE) CYCLE.
- THE NUTRIBULLET Rx CUPS AND BLADES SHOULD NOT BE EMERSED IN BOILING WATER FOR ANY REASON AS THIS WILL WARP PLASTIC AND DAMAGE GASKETS.
- BLADES ARE SHARP! USE CARE WHEN CLEANING BLADES TO AVOID INJURY! RINSE BLADES IMMEDIATELY AFTER EACH USE TO PREVENT DEBRIS FROM DRYING AND STICKING TO BLADE COMPONENTS. IF NECESSARY, USE INCLUDED BRUSH TO LOOSEN AND DEBRIS AROUND BLADES, GASKETS AND BLADE HOUSING THREADS WITH CARE.
- HANDWASH ONLY WITH MILD DISH SOAP AND WARM WATER (NOT HOT).
- DRY IMMEDIATELY.
- FOR TOUGH DEBRIS, FILL THE CUP ½ FULL WITH ROOM TEMPERATURE (NOT WARM OR HOT), MILD SOAPY WATER. THEN, SIMPLY TWIST ON THE BLADE, POP IT ON THE BASE AND GIVE IT A RUN FOR 30-45 SECONDS. FOLLOW UP WITH A QUICK BRUSH.
- WHEN WASHING BLADES, DO NOT ATTEMPT TO REMOVE THE GASKET RING. SIMPLY HAND WASH THE BLADES IN WARM, MILD SOAPY WATER. ATTEMPTED REMOVAL OF THE GASKET MAY PERMANENTLY DAMAGE THE BLADE CONFIGURATION AND CAUSE LEAKAGE.

## STUBBORN CLEANUP

If ingredients dry inside the **NutriBullet Rx** Cups or **SouperBlast Pitcher**, make your cleanup a snap by filling the cup about 2/3 full with room temperature (not warm or hot) soapy water and screw on the **Extractor Blade** and if using the **SouperBlast Pitcher**, put on lids. Place the cup assembly on the **NutriBullet Rx** Power Base for about 20-30 seconds. This will loosen the stuck ingredients, and with a light scrub and rinse in warm water, you'll be all done.

## CLEANING THE NUTRIBULLET POWER BASE

For the most part the Power Base doesn't really get dirty, but if you neglect to twist the blade on to the cup tightly, liquids can leak out and get into the base and activator buttons.

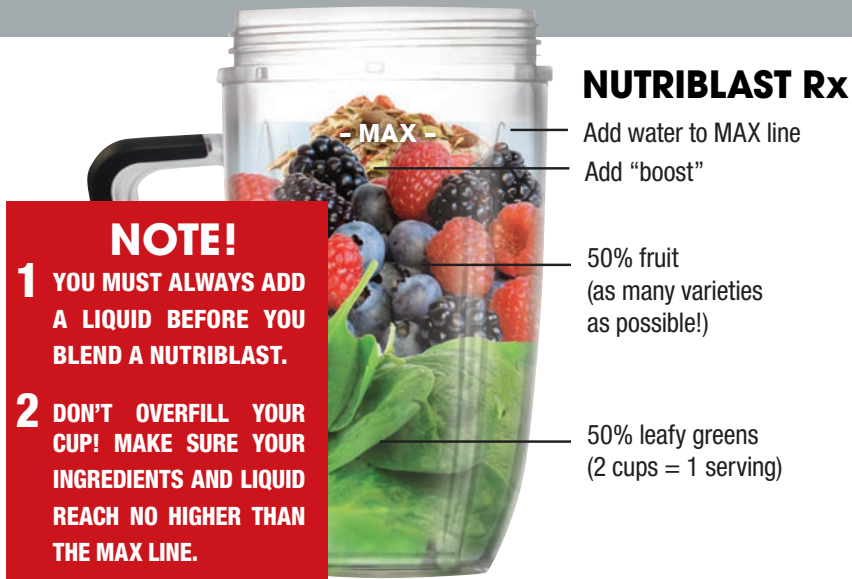
Here's how to clean it up.

**Step 1:** The most important thing is to depress the power button and UNPLUG the Power Base before!

**Step 2:** Use a damp rag to wipe down the inside and outside of the Power Base.

- NEVER SUBMERGE THE POWER BASE IN WATER OR PLACE IT IN THE DISHWASHER.
- Never put your hands or utensils near the moving blade and never use your hands or utensils to press the activator buttons down while the Power Base is plugged in.

# HOW TO BUILD A NUTRIBLAST



## NUTRIBLAST Rx

- NOTE!**
- 1 YOU MUST ALWAYS ADD A LIQUID BEFORE YOU BLEND A NUTRIBLAST.**
  - 2 DON'T OVERFILL YOUR CUP! MAKE SURE YOUR INGREDIENTS AND LIQUID REACH NO HIGHER THAN THE MAX LINE.**

- MAX -
- Add water to MAX line
- Add "boost"
- 50% fruit (as many varieties as possible!)
- 50% leafy greens (2 cups = 1 serving)

## WARNING!

**BAD SEEDS:** While **NUTRITION EXTRACTION** can be amazingly beneficial, not all fruit seeds and rinds are created equal. The following seeds and pits contain a chemical that releases **cyanide** into the body when ingested. **DO NOT USE** the following seeds and pits in the **NUTRIBULLET Rx**:

- Apple Seeds
- Cherry Pits
- Peach Pits
- Apricot Pits
- Plum Pits

**NOTE:** You must add liquid up to the Max line when blending with the Extractor Blade for proper extraction to achieve the best taste and texture results with your **NUTRIBULLET Rx** and to prevent damage to the blade. Add enough liquid to cover ingredients, twist on the blade, and blend. A few of our favorite liquids are water, coconut water and unsweetened almond milk.

**TIP:** We recommend using frozen fruits such as berries or bananas if you desire a frosty **NUTRIBLAST**.

## 4 EASY STEPS!

- 1 Fill the cup with 50% leafy greens + 50% fruit.
- 2 Fill only up to the **MAX** line with water (add ice if you want).
- 3 Add 1/8 to 1/4 nuts and/or seeds, if desired.
- 4 Twist on the **NUTRIBULLET Rx** blade and blend until smooth.

### LEAFY GREENS - 50%

Choose one from the following list of leafy greens or, mix and match! Fill the **Cup** up to 50% with leafy greens. Work up to 2 full cups (2 handfuls) of leafy greens per Blast.

- Collard Greens
- Kale
- Romaine
- Spinach
- Spring Greens
- Swiss Chard

### FRUITS - 50%

Choose as many fruits as you want to equal 50% of your **NUTRIBLAST Rx**.

- Apple
- Avocado
- Banana
- Blackberry
- Blueberry
- Cantaloupe
- Cranberry
- Fig
- Green Grapes
- Guava
- Honeydew
- Kiwi
- Mango
- Nectarine
- Orange
- Papaya
- Peach
- Pear
- Pineapple
- Plum
- Raspberries
- Red Grapes
- Strawberry
- Watermelon

### BOOSTS - 1/4 CUP

The following ingredients are an important part of your **NUTRIBLAST Rx**, adding additional fiber and nutrition to every sip. Add 1/8 to 1/4 cup to any Blast.

- | <b>Nuts</b>                     | <b>Seeds</b>                            | <b>Super Chargers</b>                |
|---------------------------------|---|--------------------------------------|
| • <input type="radio"/> Almonds | • <input type="radio"/> Chia Seeds      | • <input type="radio"/> Goji Berries |
| • <input type="radio"/> Cashews | • <input type="radio"/> Flax Seeds      | • <input type="radio"/> Acai Berries |
| • <input type="radio"/> Walnuts | • <input type="radio"/> Hemp Seeds      |                                      |
|                                 | • <input type="radio"/> Pumpkin Seeds   |                                      |
|                                 | • <input type="radio"/> Sesame Seeds    |                                      |
|                                 | • <input type="radio"/> Sunflower Seeds |                                      |





MAGIC  
BULLET®

# NUTRIBULLET<sup>®</sup> Rx<sup>®</sup>

NATURE'S PRESCRIPTION



## Transform your health with the most nutrient dense nutrition available!

At **NutriBullet**, our motto has always been, it's not what you eat...it's what you absorb. Now, with the **NUTRIBULLET Rx**, you have the ability to extract foods into the most bio-available state possible, using the most revolutionary technology available. The **NUTRIBULLET Rx** is the result of years of research and development using the best engineers, top nutritionists, top doctors and leading laboratories to create the best machine of its kind anywhere in the world.

The power, speed, heating capabilities and unique design of the **NUTRIBULLET Rx** make it easier than ever to maximize your daily intake and absorption of vegetables, fruits, nuts, seeds, and other superfoods...the very foods that have been scientifically proven to reduce mortality when consumed and absorbed in abundance.

Join the millions of **NutriBullet** users who have transformed their health with the power of extracted nutrition, aka "nature's prescription" to look and feel better than they ever thought possible.